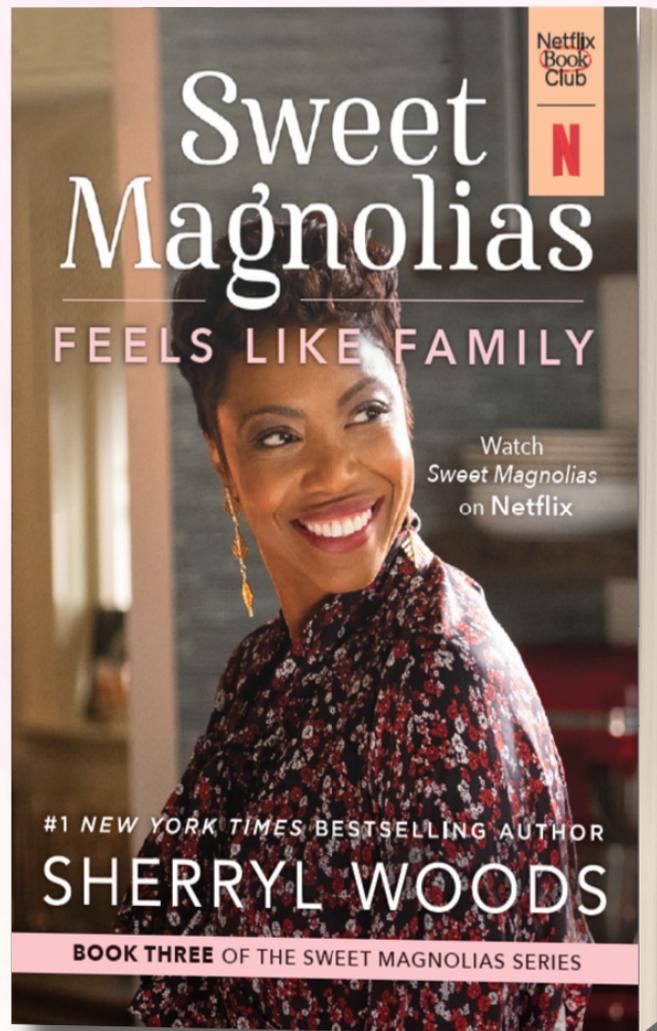


# BOOKCLUB DISCUSSION GUIDE

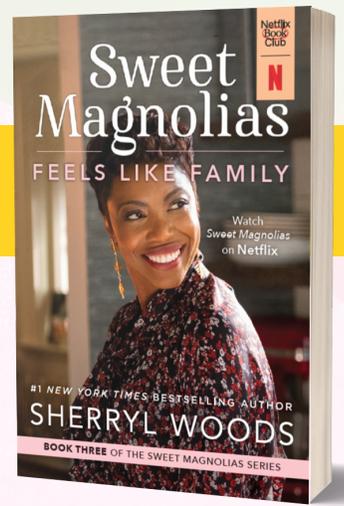
**FEELS LIKE FAMILY** has been chosen as the Netflix Book Club pick of the month for February!



**Keep reading for some entertaining and thought-provoking discussion starters for you and your book club to enjoy.  
Happy Reading!**

# Feels Like Family Discussion Guide

## QUESTIONS FOR BOOK CLUBS



1) Maddie, Dana Sue, and Helen always lean on each other in the face of conflict. In the wake of the pandemic, have we changed the ways we rely on our friends? Can virtual contact with our friends substitute for in-person get-togethers? Have we come to place more value on our friendships to get us through social isolation?

2) Given the pressure Helen is putting on herself to become a mother before it's too late, do you think she is justified in not being honest with Erik? Is she trying to protect him or is she being selfish?

3) The small town of Serenity is known for people getting into their neighbors' business and judging the choices they make. Do you think that sort of outside pressure can – or should – impact the important decisions Helen needs to make? Do you ever make decisions based on what others might think?

4) Consider the backstories of Helen, Erik, Karen, and Elliot. How do each of their pasts influence their current views on marriage, family, and relationships? Do you look to your own past to understand how it's impacting your choices, personal or professional?

5) Helen says she doesn't believe in marriage and that she could count on one hand the number of successful marriages she'd seen. Do you think the fact that she's a lawyer who's handled a lot of divorces is affecting her views on marriage, or do you think it's more personal? How do you view marriage? What advice would you give to Helen?

6) Helen has professional success, a nice home and good friends, but she doesn't have the family she thought she would by this point in her life. She blames herself for being too driven, too dedicated to her clients to spend time dating, let alone risking her heart on love. Do you relate to that, or know someone like Helen? How easy is it for women today to have both professional success and family?

7) In the book, Maddie and Dana Sue can see that Helen and Erik love each other, well before they see it themselves. How is it possible for our friends and family to know us better than we know ourselves? Have there been instances in your life when your friends have been able to see into your heart before you recognized how you truly felt about someone or something?

8) Helen is an interesting contrast in character. She's viewed by some as pushy and driven but also caring and humble and willing to put others before herself. Can some of our worst qualities be the foundation of our best qualities?